

BIBLE STUDIES FOR LIFE®

1

CONVERSATION

Thomas Believed

JOHN 20:19-31

Jesus is alive! On the same night His disciples heard that Jesus was alive, they gathered together in a secret place with the door securely locked. They were afraid of the people who had arrested and put Jesus to death.

Suddenly, Jesus was with them! “Peace be with you,” Jesus said. He showed the disciples where His hands and side were hurt when He was on the cross. The disciples were very glad to see Jesus. Jesus explained that He was sending them to tell others. He promised to send the Holy Spirit. He told the disciples to forgive others.

Thomas, one of Jesus’ disciples, was not with the group. When the other disciples told Thomas what had happened, he did not believe them. Thomas insisted, “If I don’t see and feel the marks that the nails made in His hands and side, I will not believe it!”

Eight days later, the disciples were together, and this time Thomas was with them. The door was locked, but that did not stop Jesus from coming and standing with the disciples. “Peace be with you,” Jesus said to them.

Then Jesus went to Thomas. “Put your finger on My hands and look at them. Put your hand into My side. Believe in Me!”

Thomas realized that it was all true. Jesus was alive! Jesus had died, but He rose again and was standing next to him. Thomas exclaimed, “My Lord and my God!”

Jesus said to Thomas, “You believe because you have seen Me for yourself. Blessed are those who have not seen and still believe.”

Jesus did many other things when He appeared to His disciples after the resurrection. Jesus’ disciple, John, wrote this Gospel so that many people may believe that Jesus is the Christ, the Savior, who gives eternal life.

WEEKLY BIBLE VERSE: John 3:16

LIFE POINT: People can believe that Jesus is the Savior.



THE BIBLE MEETS LIFE

Parents, today your child learned people can believe that Jesus is the Savior. When Thomas heard that Jesus was alive, Thomas said he needed to touch Jesus’ hands and side. When He appeared to Thomas, Jesus said those who believe but have not seen will be blessed.

LIVE IT OUT

Does your child understand that Jesus is the Savior? The Bible gives us evidence that Jesus died and was resurrected to pay for our sins. Read each of the Gospels for the accounts of Jesus’ death and resurrection.

LEVEL OF BIBLICAL LEARNING

God’s salvation is a gift that every person needs and can receive.

DAILY BIBLE READING

Sunday: John 3:16

Monday: 1 Timothy 1:15

Tuesday: Titus 2:13

Wednesday: 1 Timothy 4:10

Thursday: Ephesians 5:23

Friday: 1 John 4:14

Saturday: Acts 13:23

TAKE IT FURTHER: Check out the *Thomas Believed* section of the Bible Studies for Life: Kids Family App.

SPRING 2020

Unit 2, Session 3

CONNECTION POINT:

The resurrection of Christ changes everything.

THE BIBLE MEETS

LIFE: Based on the increased church attendance on Easter, it is not surprising that two-thirds of Americans believe Jesus rose from the dead. That might sound encouraging, but unfortunately, not all of them believe everything the Bible says about Christ's resurrection. For many, it is a nice thought they acknowledge once a year without considering the life-changing importance the resurrection has for their daily lives. Because Jesus lives, we can too, and that sure hope impacts how we approach each day.

LIVE IT OUT: Your student has been encouraged to take practical steps to take his or her faith and Live It Out.

PRESCHOOL

Scripture: Luke 24:13-35

Live It Out: In the center of a sheet of paper, print the name *Jesus*. Review the Bible story as your child uses watercolors to paint over and around the name.

Two men walked to a town called Emmaus. The men were talking and arguing about what had happened the past week.

Jesus joined them, but the men did not know it was Jesus. Jesus asked the men why they were arguing. The men told Jesus what had happened the past few days—that Jesus had died on the cross but people said He was alive again.

As they walked, Jesus reminded them what the Bible said about Him. When they neared Emmaus, the men asked Him to stay with them. As Jesus took bread and prayed over it, the men recognized Jesus.

The men returned to Jerusalem that night to find Jesus' disciples. They told the disciples they had seen Jesus. He was alive!

KIDS

Scripture: John 20:19-31

Live It Out: Help your child understand that the Bible gives evidence that Jesus died and was resurrected to pay for our sins. Read each Gospel account of Jesus' death and resurrection.

The disciples were together in a locked room. Jesus had been crucified and they were afraid. Jesus was suddenly standing in the room. Jesus showed them His hands and His side. The disciples were so happy because Jesus was alive!

The Thomas was not in the room when Jesus came. The others told Thomas that they saw Jesus. Thomas would not believe until he could touch Jesus' hands and side.

A week later, the disciples were together in a room and this time Thomas was with them. Jesus appeared in the room. Jesus told Thomas to look at His hands and side, to touch them. Jesus told Thomas, "Don't be unbelieving, but believe."

Thomas immediately believed and said, "My Lord and my God!" Jesus said, "Because you have seen Me, you believed. Blessed are those who have not seen and yet believe."

STUDENTS

Scripture: 1 Corinthians 15:20-28,54-58

- How does Jesus' resurrection give us hope?
- When is it challenging for you to submit to Christ?
- How has Christ's resurrection changed your life?

Live It Out: By His death and resurrection, Jesus made new life available to all who trust in Him. One day, Jesus will restore all that sin has broken, and for those who have trusted in Him, we will live with God in the new heaven and earth for eternity. The Bible records the story of God's work beginning with creation and culminating with the new creation, and it all centers around the death and resurrection of Jesus.

Without understanding the resurrection, your lost friends will never be raised with Christ and forgiven of their sins. Reveal to your student how Jesus has made a difference in your life and help him or her understand what it means to trust in Jesus. Then, consider a few ways you can share the gospel with love and humility this week.